

# Visual Support Strategies

## Resource Supplement

Human behavior is impacted by our environment. There are many ways to set up your environment to promote learning at home.

One strategy is to create a clear set of rules and expectations. When creating rules, make sure you state them positively, they are applicable to all members of the home, use simple language and pair them with reinforcement and consequences.

Another important strategy is using visuals. We have included three of the most common visual strategies for you to try: first/then board, choice board and token chart.

### For Additional Information:

Watch the webinar



Visit our website



### What's Included:

1. First/then board
2. Choice Board
3. Token Chart

### Additional Digital Resources:

#### **Scheduling apps for kids:**

- Busy Kid
- Visual Schedule Planner

#### **Choice Board:**

- Choice Board Creator
- My Choice Board App

#### **Token Chart:**

- Tokenat App
- My Token Board App

# My Choices


# First → Then

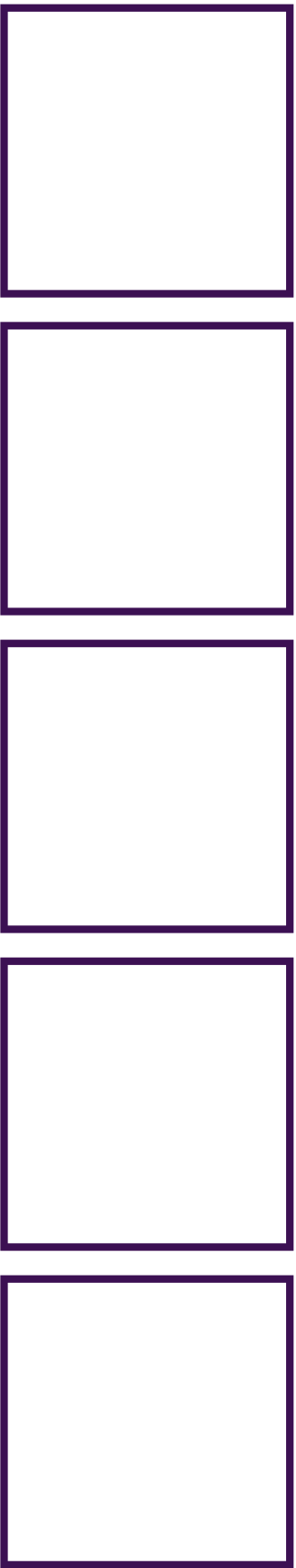
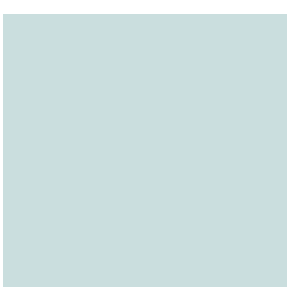
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Cut out the boards and laminate or put in a sheet protector. Use a wipe-off marker or laminated pictures with velcro for activity images.



# Token Board

I am working for:



Cut out the tokens, laminate them and the board and attach velcro. Or put the board in a sheet protector and use a wipe-off marker to draw tokens as they are earned.